



Together
we're stronger

Support
Information
Friendship 

NEW

MS SUPPORT GROUP

IN LONG RISTON

Come say hi!

A relaxed and friendly drop in for anyone affected by MS.
Here to support, share experiences, make friends
and know you're not alone.



Monday 28th September
11:00am – 2:00pm



Long Riston Village Hall
Main Street, Long Riston, HU11 5JF



Coffee & Tea



Homemade
Goodies



Raffle



Quiz



Make New
Friends

Everyone is welcome! 

MS changes lives.
Together, we're stronger.